

**STATEMENTS OF THE TRUSTEES STANDING
FOR RE-ELECTION**

JOHN CHRISTOPHER GREENWOOD - Chairman of Headway Northampton.

I came to Northampton in 1980 having always wanted to become a lawyer and having concluded my higher education (a Law Degree and the required Post-graduate course). I began my training as an Articled Clerk and in 1983 I qualified as a Solicitor, and I have practised in the town for my entire professional career – spanning over thirty six years.

Initially as an Articled Clerk, my training was in relation to a whole range of legal disciplines. From qualification onwards, I concentrated firstly on litigation generally (civil, employment, matrimonial and criminal) and from the late 1980's I specialised in Personal Injury claims, ranging from minor "trips and slips" through motor accidents (whiplash to spinal injury) and ultimately to Head Injury cases – at which point I contacted Margot and Headway (based then at Manfield Hospital) and joined the committee to learn more about Head Injury and to widen my experience.

I acted over the years for several Headway clients in connection with their claims.

As time passed, I built up and managed on a daily basis a large Personal Injury department at Franklins Solicitors and we operated a shift system (7.00 am to 3.00 pm, 9.00 am to 6.00 pm and 3.00 pm to 11.00 pm) to provide the required level of service. Indeed over forty Articled Clerks/legal executives learnt their "trade" within the department.

A time arose in early 2000 when legal aid was withdrawn and funding for such cases required the use of "no-win no fee" arrangements.

Thus a medium-sized firm would result in effectively funding a substantial and complex case for up to (and sometimes beyond) five years before being paid any fees and in the interim significant work in progress would be generated (and taxed on a yearly basis). It became less-commercially viable for such firms and accordingly the large firms now undertake this work.

I remain saddened that the legal expertise in personal injury cases, which I built up, is of little use to me today and indeed I do not undertake Personal Injury claims at my present firm - although I do keep abreast of developments.

JOHN CHRISTOPHER GREENWOOD - Chairman of Headway Northampton.(cont)

However, I do believe that my background knowledge of numerous areas of the legal world and my understanding of personal injury and head injury provides me with valuable insight into assisting the development of Headway Northampton.

I consider that-

- my present role as chairman
- my ongoing involvement in all aspects of assisting the running of the business to include financial and marketing aspects and the move from an unincorporated charity to a Charitable Incorporated Organisation (in 2014)
- my attendance at Headway functions (both on site and elsewhere)
- and my knowledge and understanding of head injury cases

Are, amongst the essential requirements of a Headway Trustee in a twenty-first century charity.

As Chairman of Headway Northampton for over twenty years, I believe my solid working relationship with Margot (with whom I meet weekly and speak more frequently) and her staff remains of benefit and I would hope to continue to expand upon my present role as the business.

Many thanks.

DR KIRSTY HARRIS

By profession, I am clinical psychologist working at Berrywood Hospital in Northampton. My role as such has allowed me to gain a range of experience working with adults and children with mental health difficulties, as well as individuals with dementia and brain injury. I have experience working in both inpatient and outpatient environments in the public and private sector.

I have been formally involved with Headway Northampton as a volunteer for over ten years. I would like to continue to support Headway Northampton, as I believe that it offers a unique service to brain injury survivors in Northampton. Since joining the committee, I feel I have been able to support the charity through attendance at fundraising events and support with grants. I hope to be able to continue to work with the organisation in order to help Headway Northampton negotiate the current challenges it faces. I feel that this will enable Headway Northampton to continue to maintain its current high standard of service, but also to continue build upon its reputation as an innovative provider of care.

My commitment to Headway Northampton.

As a professional, I believe that my psychological skills and knowledge are extremely valuable to Headway Northampton. My knowledge of a range of difficulties may help with understanding some of the complex presentations of our service users. I am able to share my knowledge of local services to assist with signposting, and maintaining an awareness of local issues that may impact both the organisations and the individuals that we serve. I would also be willing to support with training and fundraising events where these skills may be useful.

As an individual, I care a great deal about Headway Northampton and its service users. I am a member of a family that have personal experience of the impact of brain injury. I would like my role on the committee to focus on supporting fundraising for the organisation, and having direct contact with service users, families and staff.

DR KIRSTY HARRIS (cont)

I believe that this is important for the organisation to run smoothly and maintain good working relationships between staff, service users and trustees.

I will be returning to work part-time after a period of maternity leave and I feel this will enable me to continue to give a reasonable portion of my time to Headway Northampton.

If I am re-elected to the committee then I will be able to attend committee meetings on a regular basis as well as the AGM. I am willing to attend fundraising events and open days wherever possible, including weekends. If necessary, I would also be willing to attend evening events to support the existing staff.

My contributions to date.

Since joining the committee, I feel I have been able to make a valuable contribution to Headway Northampton. I have outlined some of the key projects that I have been involved in to date.

- Involvement in the sub-committee to review the structure of Headway Northampton. I attended a series of meetings with other members of the committee and completed the associated documentation.
- For the past three years, I have volunteered at the half marathons in Northampton. I have been the sole representative for Headway Northampton on the starting line for two of these three years. I worked with runners to design a goody-bag, that was given at the end of the run, to thank runners for their participation. During the first year, I also met with the local Conservative MP, Michael Ellis, who was in attendance at the event and discussed Headway Northampton with him, as well as ensuring photos were taken for the newsletter and website.

I have attended all in-house fundraising events for Headway Northampton, with the exception of the BBQ in 2015. For the recent Alice in Wonderland event, I made the additional contribution of writing summaries for the rooms, after liaising with staff, service users and tutors. I often attend more than one event at Christmas in order to meet with as many service users and families as possible.

DR KIRSTY HARRIS (cont)

- I have supported a volunteer to organise a Christmas Fayre, fundraising event for Headway Northampton, which included a range of stalls from the local community. This was the first event of this kind that we have organised at Headway Northampton and was a valuable learning experience. I would be willing to support this kind of event again in future.
- I have supported the Manager of Headway Northampton to attend other fundraising events where a representative of the committee was required. For example, meeting with the women's institute and local school organisations.
- Since I joined the committee, I have taken responsibility for taking minutes on the meetings despite this being outside of my expertise. I feel that this has been a considerable contribution and has been both challenging and time consuming.
- I have completed a template to be used, for a letter to provide feedback to referrers and I have completed a proposal document for supporter packages for Headway Northampton.
- I have worked with fellow trustee, Max Rutherford on the application to the Tudor Trust – this process is ongoing.
- I have met with additional supporters e.g. Clinical Neuropsychologist Dr Allan Perry and provided feedback to the committee.
- I have supported the day-to-day running of Headway Northampton.

In addition to these specific projects, I have also attended Annual General Meetings and committee meetings where possible. I have also attended the yearly Acquired Brain Injury Forum conference specifically as a representative for Headway Northampton. I have also attended additional meetings, for example, meetings with East Northants Headway and Headway Milton Keynes. I visit the unit on a regular basis and I believe I have established (and maintained) good working relationships with both staff and service users.

DR KIRSTY HARRIS (cont)

What I believe I can contribute in the next twelve months.

I feel that my role on the committee is based on working with staff, service users and family members to sustain and develop the service offered by Headway Northampton. I want to remain directly involved in fundraising activities and developing the service offered to families. I am keen to maintain links between staff, service users and trustees. I feel that being a familiar face in the unit ensures the service users feel connected with the committee. In the next twelve months, I am willing to continue to volunteer at fundraising events held at Headway Northampton e.g. BBQ, Christmas Events. I am also willing to support additional events, such as the marathon and attendance at schools etc. I would like to develop a formal group to support fundraising for Headway Northampton and I would be willing to do this with the involvement of staff. I have completed a document outlining ideas for supporter packages and I would be willing to continue to work on this over the next twelve months. As part of this, I would like to be involved in the planning and execution of the professional's event I have suggested in the proposal. I would also like to consider how Headway Northampton could offer support to individuals who do not currently access our service via a day placement. This may include support to families and carers.

I believe that I have demonstrated my commitment to Headway Northampton since joining the committee and I believe that I am able to continue to make a valuable contribution in future.

NICOLA HEALES

I am Nicola Heales. I am a Solicitor. I have been a Committee Member at Headway Northampton for approximately four years.

I have worked in the field of Personal Injury since I qualified and have specialised in working with clients who have brain injuries for the last 20 years. I have a particular interest in rehabilitation and am very aware of the difference which prompts and properly targeted rehabilitation can make to a brain damaged client and their family.

Since I have been involved in working with brain injury I have worked alongside a number of charities which have been involved with the brain injured and their families; these have included Headway and the Child Brain Injury Trust which is based in Bicester.

I was very pleased to join the Committee of Headway Northampton as this has enabled me to understand the day-to-day problems which clients and their families have and how these can be addressed at a local level.

In order to understand the problems that clients with brain injury have, and the problems which their families face, it has been really important to me to work alongside those charities and my role as a Committee Member at Headway Northampton has been really important in ensuring that I understand the day-to-day problems which clients and their families have and how these can be addressed at a local level.

As a Committee Member my role at Headway Northampton has been to liaise with Headway UK so that Headway Northampton can have the benefit of information and expertise and contacts which Headway UK can provide. I have also liaised with other charities which are head injury focused on Headway Northampton's behalf and with my Headway Northampton "hat on" I have attended the Way Ahead Conference in Leicestershire and have also attended regional meetings so that I can share with Headway Northampton, ideas and information from other Headway branches.

Being a Committee Member at Headway Northampton gives me the opportunity to give something back; to work with people who are like-minded and who want to ensure that Headway Northampton succeeds and continues to provide an outstanding service at a time when there are real challenges, particularly in terms of funding.

Every Committee Member brings something different and the Committee benefits from having Committee Members with different interests and different backgrounds. My background in Personal Injury litigation, and particularly in rehabilitation, has enabled me to understand the many problems of our Headway clients and particularly those who do not have the benefit of Personal Injury litigation but whose problems are just the same and just as challenging as those who have a successful Personal Injury claim.

NICOLA HEALES (cont)

Being able to access funding and to signpost those clients to organisations who are able to help because of commitment and enthusiasm is very important. My role as a Committee Member at Headway Northampton enables me to do just this as well as reaching out to other organisations including Experts who may be able to bring their knowledge and assistance to our clients at Headway.

I am very committed to Headway Northampton and to ensuring its continued success and the high standards of support it provides to all who enjoy its facilities and the support of its staff.

PHILIP IMISON

I was educated in a mainstream Grammar School and passed an acceptable number of 'O' and 'A' levels, but didn't go to university, although I was offered places, as I wanted to earn money.

I took articles with a large firm of accountants, now known as KPMG, in Birmingham and duly qualified as a Chartered Accountant.

Not being good enough to be a professional accountant, I took myself off into industry, where I gained a lot of experience mostly in engineering related businesses.

In the mid 1970s I moved to Northamptonshire to work for a medium sized public company as Group Chief Accountant. I progressed from there to become Finance Director of its biggest Division as well as chairman of many companies within the group, including two overseas. In a nutshell, my main responsibility was to ensure continued growth in profits, although there was a lot more to the roles than that!

In the mid 1990s my company was taken over by a similar sized public company and I was made redundant and I then set up on my own as a management consultant specialising in turning around insolvent businesses. This was hard but enjoyable and satisfying work although not well –paid.

Relevance to Headway

I hope that my colleagues on the board of trustees of Headway Northampton will agree that I have brought a wide set of experiences to the table and have fully contributed to management decisions to enable Headway Northampton to be managed in a fair and proper manner. Under my watch, we have introduced a system of budgetary control and are engaged on implementing a degree of formalised forward planning for the first time. This is particularly important at a time when, as you know, we have lost a major source of grant funding.

Recreation

I am a firm believer in the therapeutic benefits of recreational activities, particularly sport. I played cricket competitively for over 50 years (I started very young!) and local clubs included 17 years at Brixworth and then a further 18 years at Guilsborough.

I played and coached badminton for over 40 years and was chairman of the largest club, by members, in the county for 37 years.

Nowadays, my activities are confined to dancing and I do modern jive, latin and ballroom around three times a week.

MAX RUTHERFORD

I have been a trustee of Headway Northampton since June 2015, and prior to this served on the board as a co-opted member since summer 2014. I welcome the opportunity to be considered to continue to serve as a trustee.

I volunteered to serve Headway Northampton as a trustee as I wanted to make a contribution to a charity that is delivering services on the front line, in my local community, and in an area of work that I am very interested in.

Through my day job as a grant manager at a national charitable foundation, I have managed a number of projects related to brain injury and crime since 2010. I had an interest in this area before this when I worked at a mental health charity and in the Department of Health.

I have been involved in research on the impact of brain injury and crime, and helped to develop a service project in a youth prison to support boys and young men aged 16-21 who have brain injuries, which has been very successful.

These projects have helped professionals to develop ways to better screen and support young people with brain injury, and I have presented to officials and politicians on the importance of this issue.

I have enjoyed getting to know the staff and service users at the centre, and working with the board to pursue opportunities and overcome challenges to ensure the charity has a great future.

What I can offer:

One particular contribution I can make draws on my day job as a grant maker at a charitable foundation. My experience in this role and knowledge about grant making and funding means I will be able to advise Headway Northampton staff and trustees on how Headway Northampton could succeed in securing future grants and funding. I can also be involved in reviewing applications and making colleagues aware of relevant funding opportunities when I hear about them.

I am of course also committed to attending and participating in all trustee board meetings, and supporting as many other Headway Northampton events as possible.

ANDREW STREET

I am a retired Police Officer and having spent my career within the Public Services I realise the need for and value of, organisations such as Headway Northampton. I am keen to make a contribution towards helping those individuals and their families who need and value the services provided by Headway Northampton.

My experience of working and operating within partnerships, often in times of financial restraint does, I believe, equip me to carry out the responsibilities of a Trustee.

I believe the role of Trustee to be one of providing effective governance and oversight of and providing support to the management team on behalf and in the best interests of the clients and members.

To achieve that, I regard my role as being something of a 'Critical Friend', prepared to challenge and question when necessary whilst encouraging innovation and appropriate planning through ensuring effective and efficient management.

Records will show both my persistence and resilience in pursuing what I consider to be the right thing for the Organisation.

To achieve this I will commit the time required to attend committee meetings and any related sub-committees and to carry out the necessary research and preparation. In addition I will support fund raising and social events when possible.

It is my opinion that any committee requires a range of experience, skills, abilities and opinions to be truly effective.

If re-elected as a Trustee I will continue to carry out the responsibilities of such to the best of my ability and always in what I consider to be the best interests of the Members of Headway Northampton.